

SEA VIEW ORTHOPAEDIC MEDICAL GROUP

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PRE-OPERATIVE INSTRUCTIONS

You may be asked to see your primary physician prior to surgery for medical clearance. We will send a letter to your physician to inform him/her of your surgery and any tests that may be required. These tests may include blood tests, and EKG and a chest x-ray.

Patients taking Aspirin, Ibuprofen (Advil or Motrin), Naprosyn (Aleve), or other anti-inflammatory medications should **STOP 7 days prior to surgery**. This does not include Celebrex.

Pre-registration at the hospital is done at least one day prior to surgery. The registration office is at the front of the hospital and patients are able to register between 8am and 5pm. If it is necessary to register after 5pm this can be done in the Emergency Room. After filling out the registration forms please proceed to the outpatient surgery department where additional paperwork must be completed. Once these papers are completed you may proceed to the laboratory to obtain blood tests, and an EKG or chest x-ray if necessary.

On the day of the surgery you should arrive **2 hours** prior to your scheduled surgery time. You will receive a call from the hospital outpatient surgery department one day prior to surgery confirming your surgical time.

REMEMBER NOFOOD OR DRINK AFTER MIDNIGHT THE NIGHT BEFORE SURGERY. THIS INCLUDES WATER!

Patients taking blood pressure medication can take these medications on the morning of surgery with a small sip of water.

If you have any additional concerns or questions, please call our office at 949 661-2423.